

A.S.C.D. "SILVANO FEDI" PISTOIA
 PROVINCIA DI PISTOIA – COMUNI DI PISTOIA, SAN MARCELLO-PITEGLIO, ABETONE-CUTIGLIANO
 UNPLI COMITATO PROV.LE PRO LOCO PISTOIA – AVIS PISTOIA – VIGILI DEL FUOCO – C.N.A. Pistoia
 FIDAL Comitato Regionale – CONI Comitato Provinciale - UISP Comitato Provinciale
 with the cooperation of: Settore Atletica UISP Pistoia – Atletica Casalguidi – Podistica Quarrata – Podistica La Stanca Valenzano
 Atletica Borgo a Buggiano – Runners Maratoneti Berzantina – ARCI Campiglio – Jolly Motors Prato – GS Run...dagi – GP CAI Pistoia - Montecatini Marathon
 Firenze Marathon - Pace Makers "Regalami un sorriso" – Le Lumache Mezzana – AC Capostrada – CNA Pensionati – Firenze Marathon – Sci Montagna Pistoiese

Patronage:
REGIONE TOSCANA



PISTOIA ABETONE

Ultramarathon 50km

46th Edition

INTERNATIONAL ROAD RUNNING COMPETITION

Intermediate finish line:

Pistoia – San Marcello *Dynamo Camp* (km 30)

Non-competitive walks open to everyone:

Free Walking San Marcello – Abetone (km 20)

"Forth finish line" Le Regine – Abetone (km 3)

Meeting valid for:

CAMPIONATO ITALIANO IUTA 2023 DI CORSA IN SALITA ULTRA (Prova Unica)
 IUTA ULTRAMARATHON GRAND PRIX and REGIONAL CRITERIUM
 AVIS BLOOD DONORS "GRAN FONDO" NATIONAL CHAMPIOSHIP
 POKER RACE ULTRAMARATHON - CHALLENGE ROMAGNA-TOSCANA

PISTOIA (Tuscany, Italy) – 25th JUNE 2023

PIAZZA DUOMO – MEETING at 6:00 a.m. – START at 7:30 a.m.

PARTECIPATION REQUIREMENTS

Pistoia-Abetone (50km)

The race is included in the FIDAL Federal Calendar (Bronze Label) and therefore the following athletes can participate:

- Italian or foreign athletes enrolled for the current year for clubs affiliated to FIDAL
- Athletes in possession of the RUNCARD (*)
- Athletes registered for a Sports Promotion Organization (Athletics section) in possession of RUNCARD-EPS (*)
- Athletes registered for Foreign Federations of Athletics, recognized World Athletics, presenting the appropriate self-certification of possession of the card at the time of registration.

(*) Athletes participating with RUNCARD or RUNCARD-EPS must present a medical certificate of suitability for competitive athletic practice, in compliance with current Italian legislation (DM 18/02/82 and DM 24/04/2013), valid at the date of the event. Foreigners who are not resident in Italy are allowed to present a medical certificate issued in their own country, provided that the same medical examinations as required by Italian Law have been carried out. A copy of the medical certificate has to be submitted with registration; the original certificate shall be exhibited when the bib number is collected. The race is reserved to athletes who are at least 20 years of age in the current year. For any unforeseen matters not mentioned in the present regulations, the FIDAL rules for ultramarathon road races are applicable.

Pistoia-San Marcello (30km)

The race is included in the FIDAL Regional Calendar and therefore, in addition to Italian or foreign athletes in possession of sport cards as required for the 50km (Fidal, Runcard, Runcard-Eps) athletes registered for Sports Promotion Organizations (Athletic section) who have signed an agreement with FIDAL, can participate.

The race is reserved to athletes who are at least 20 years of age in the current year.

Athletes participating with RUNCARD or RUNCARD-EPS must present a medical certificate of suitability for competitive athletic practice, in compliance with current Italian legislation (DM 18/02/82 and DM 24/04/2013), valid at the date of the event. A copy of the medical certificate has to be submitted with registration; the original shall be exhibited when the bib number is collected.

Non-competitive participation for tourism/sporting purposes

Foreign citizens living abroad, who are 20 years old (born in 2003) or older and are not members of a Sports Club affiliated with FIDAL or World Athletics, can participate by signing the appropriate liability waiver form when picking up the bib.

Warning: By choosing this option, the athlete will have an identified bib and will be included in an arrival classification defined as open, distinct from the classification of the competitive race, with his/her time entered in alphabetical order and will not be able to benefit from prizes.

REGISTRATION

The number of participants is limited to 900 for the Abetone finish line and 400 for the San Marcello finish line.

Registration opening: January 6, 2023 - **Registration receipt deadline: June 17, 2023.** Deadline for registration may be anticipated upon reaching of the maximum number of participants. Registrations for non-competitive routes will be accepted until Friday June 23, 2023.

Registrations can be submitted:

- on line: www.pistoia-abetone.net
 - by e-mail: info@pistoia-abetone.net
 - by fax: +39.0573 34761
 - in person at the race direction: Viale Adua 94/B, Pistoia
- Duly filled-in registration forms must be accompanied with the race-fee payment receipt, with copy of the sport card and medical certificate.

Race-fee	until April 30 2023	until May 31 2023	until June 17 2023
Pistoia - Abetone (km 50)	€ 45.00	€ 55.00	€ 65.00
Pistoia - S. Marcello (km 30)	€ 25.00	€ 30.00	€ 35.00

Race-fee non-competitive walks	until June 23 2023
Free Walking S.Marcello-Abetone (km 20)	€ 15.00
"Forth finish line" Le Regine – Abetone (km 3)	Free of charge

Method of payment (payee: ASCD "Silvano Fedi" - Pistoia):

- Bank transfer: Chianti Banca Pistoia IBAN IT27 C 08673 13802 000000610981
- Credit card (for on-line registrations only)

YOUR PHOTOS IN THE RACE: along with the registration fee, a free contribution of € 10.00 can be paid for downloading your own photos in the race (see details below). Revenue will be donated to charity.

PROMOTION "Challenge Romagna-Toscana": € 5,00 refund to athletes participating in 2023 to both "50 km di Romagna" and "Pistoia-Abetone" (50 km). Refund will be made when bib number is collected.

PROMOTION "Ultrarunners": Athletes enrolled in the **Club Supermarathon Italia** or in the IUTA association for the current year may register to "Pistoia-Abetone" (50 km) race with a discount of € 5,00. To avail of this promotion, ask for the discount voucher to info@pistoia-abetone.net attaching a copy of the Club membership card..

Race-fee reimbursement / Change of finish line

The race-fee is non-refundable. If unable to participate you may request - within June 17th - the transfer of registration to another athlete or to the 2024 edition of Pistoia-Abetone. When enrolling to the 2024 edition, payment of € 10 for administrative fees will be required. Change of finish line is possible within June 17th.

BIB NUMBER WITHDRAWAL

Bib number and race packet can be collected on:

- **Saturday June 24th**, from 9:30am to 8:00pm, at **Pistoia-Abetone Expò**.
- **Sunday June 25th**, at the race starting site in Piazza Duomo, from 6:00am (however, collection on Saturday is recommended)

The original sport card and medical certificate as well as the race-fee payment receipt may be required for bib number withdrawal.

RACE PACKET

- Customized item of the "Pistoia - Abetone Ultramarathon", differentiated according to the finish line/route for which the registration has been made.
- Bus service to return to Pistoia from finish lines locations.
- Bib number and chip for the time detection.

CLUB PRIZES ON NUMBER OF REGISTERED ATHLETES

Trophies, cups or plates to the first 10 clubs with the largest number of registered athletes in competitive finish lines. Special trophy to the three more numerous clubs coming from outside the Tuscany region.

ABETONE (km 50) FINISHING PRIZES

Reserved for runners registered for this finish line (red numbers).

➢ MALE CLASSIFICATION

First 10 classified runners (any category):

Cup and costs refund worth of: 1st € 1000 - 2nd € 500 - 3rd € 300 - 4th € 250 - 5th € 200 - 6th € 150 - 7th € 100 - 8th € 100 - 9th € 100 - 10th € 100.

Graded non cash prizes for runners classified after the first 10:

- Up to the 100th of the category **Seniores M**
- Up to the 60th of the category **Veterans** (born from 1964 to 1973)
- Up to the 25th of the category **Silver Veterans** (born in 1963 an older)

➢ FEMALE CLASSIFICATION

First 5 classified runners (any category):

Cup and costs refund worth of: 1st € 1000 - 2nd € 500 - 3rd € 300 - 4th € 250 - 5th € 200.

Graded non cash prizes for runners classified after the first 5:

- Up to the 20th of the category **Seniores F**
- Up to the 15th of the category **Ladies** (born in 1973 and older)

For all classified runners:

- Special commemorative medal
- *Finisher* t-shirt (upon return of the chip)
- Certificate of attendance with ranking, total time and time at 42 km (to be downloaded from website).

NB: According to art. 13 of "Rules for the organization of events" issued by Fidal, 25% of total prize shall be reserved to Italian runners.

COMPLAINTS

Any complaints must be submitted, in the second instance, on the appropriate form to the Judge of Appeal within 30 minutes after the publication of the results, together with € 100,00 deposit, which will be retained in case the complaint is not accepted.

IUTA "ULTRA" ASCENT RUNNING ITALIAN CHAMPIONSHIP

The race counts as a single trial of the IUTA "Ultra" Ascent Running Italian Championship, reserved to Italian runners registered to IUTA. Awards: Italian Champion shirt to the first classified Male and Female; medal to the first three classified; shirt and medal to the first one of each category (as defined by FIDAL).

AVIS BLOOD DONORS "GRAN FONDO" NATIONAL CHAMPIONSHIP

Reserved for AVIS donors enrolled in one of the AVIS national sites and complying with the donations (at least one in the last two years). Awards: National Champion shirt to the first classified runner and medal to the first three of each category Male and Female.

SAN MARCELLO (km 30) FINISHING PRIZES

Reserved for runners registered for this finish line (blue numbers)

➢ MALE CLASSIFICATION

First 3 classified runners (any category):

Cup and costs refund worth of: 1st € 150 - 2nd € 80 - 3rd € 50.

Graded non cash prizes for runners classified after the first 3:

- Up to the 40th of the category **Seniores M**
- Up to the 15th of the category **Veterans** (born from 1964 to 1973)
- Up to the 5th of the category **Silver Veterans** (born in 1963 an older)

➢ FEMALE CLASSIFICATION

First classified runner: Cup and costs refund worth of € 150.

Graded non cash prizes for next runners:

- Up to the 12th of the category **Seniores F**
- Up to the 3rd of the category **Ladies** (born in 1973 an older)

For all classified runners:

- Commemorative medal
- Finisher prize (upon return of the chip)
- Certificate of attendance (to be downloaded from website).

FREE WALKING SAN MARCELLO – ABETONE (km 20)

20 km non-competitive free walking starting at 9:00am from San Marcello (meeting at 8:00am). The walking lies into the *recreational motion activity*, according to Tuscan Regional Law n. 35, of 9.7.2003, paragraphs 4 and 5, so medical certification is not required.

"FORTH FINISH LINE" LE REGINE – ABETONE (km 3)

Non-competitive walk from Le Regine to Abetone (about 3 km) open to everybody, dedicated to people with disabilities. Departure at 9:30am (meeting at 8:00am). Free entrance. The walk lies into the *recreational motion activity*, according to Tuscan Regional Law n. 35, of 9.7.2003, paragraphs 4 and 5, so medical certification is not required.

TIME DETECTION - BIB NUMBERS - START CHECK

Ranking shall be validated by FIDAL judges. Times detection and classification will be made by means of chips. For each athlete runner it will be detected: the official time (from gunshot to finish line), the presence on the starting line (start check) and passages at checkpoints along the route. Without chip the runner cannot be detected and therefore will not be ranked. The chip is a service offered at no additional cost or deposits. Bib number must be fixed on chest at their full extent and be wholly visible; those who will not have the bib number visible or will not be registered at checkpoints, will be disqualified.

SHOWERS AND MASSAGE - REFRESHMENTS - HEALTH CARE

Showers will be available for runners at the Abetone and San Marcello arrival. Masseurs will be available at Abetone arrival. Several refreshment points are available along the race route, with a spacing between 2 and 5 km (more frequent in the final part of the route) and at San Marcello and Abetone arrivals. Emergency health care is assured by means of several ambulances connected via radio.

CLOTHES AND BAGS TRANSPORTATION

At starting place, there will be a free service for transportation of runners' bags to respective finish lines. The bags must be marked with the label supplied with the race number and delivered within 7:15am. Their withdrawal, even in case of non-arrival at the expected finish line, remains in the runner's responsibility. The organization, while ensuring the utmost care in the service, will not be liable for any loss. Same service will be available in San Marcello for participants to the 20km Free Walking San Marcello - Abetone.

TIME LIMITS AND PRIZE AWARDING

Assistance and classification services are guaranteed until the last runner has reached the finish lines within the following time limits:

San Marcello (30 km)	- until 12:30 pm (5 hours)
Abetone (50 km)	- until 4:30 pm (9 hours)

The prize awarding will take place as follows: San Marcello at 11:00am - Abetone at 12:30pm (general ranking), 3:00pm (championships, clubs ranking). Prizes not withdrawn cannot be claimed for later.

ROUTE

The route of Pistoia-Abetone Ultramarathon (50 km) was measured and certified by FIDAL. **The route is open to traffic and, therefore, the Highway Code must be respected.** From Ponte Calciola to Le Piastre (5th to 16th km) the road will be closed to traffic from 7:45am to 10:00am.

RUNNERS TRANSPORT

The morning of the race a bus is available to transfer the Athletes lodging in the hotels of Abetone (or other locations along the route) to the starting point in Pistoia. The bus leaves Abetone at 5.00am. The service is free of charge (max 50 places). Booking within June 17 is required.

After the race, the return to Pistoia is ensured by a dedicated bus service, as follows (NB: timetables may change if necessary to optimise the service):

- Departures from San Marcello: 12 noon - 1.00pm - 2.00pm
- Departures from Abetone: 1.45pm - 2.15pm - 2.45pm - 3.15pm - 3.45pm - 4.15pm - 5.00pm.

With the registration, athletes will receive a free of charge ticket allowing them the access on buses.

NB: the use of *Autolinee Toscane* ordinary buses is subject to payment of the relevant ticket by the passenger.

YOUR PHOTOS IN THE PISTOIA-ABETONE RACE

The photo service of the race is exclusively assigned to the NPO "Regalami un Sorriso" by Piero Giacomelli. A few days after the race all the photos of the event will be available on the website www.regalamiunsorriso.it where each runner will have the possibility to view, chose and download them. Up to 50 photos in high resolution can be downloaded upon a € 10 free contribution, which can be paid together with the registration fee or at the time of bib number withdrawal. Revenue will be donated to charity.

"Regalami un sorriso" (Give me a smile) is a volunteer non-profit organization (NPO) that pursues activities for the organization, direction, coordination and planning of cultural, sporting, technical and artistic events in order to secure benefits for disadvantaged people, from physical, mental and economic point of view..

INFORMATION

A.S.C.D. "Silvano Fedi", at the organisational office: Viale Adua 94/B - 51100 Pistoia.
Tel/fax: +39.0573.34761, Mobile +39.389.6452997

HOTELS

For information and booking: MAORILAND Agenzia Viaggi – tel. 0573.368740 – web: www.maoriland.it – email: pistoia@maoriland.it, alessio@maoriland.it

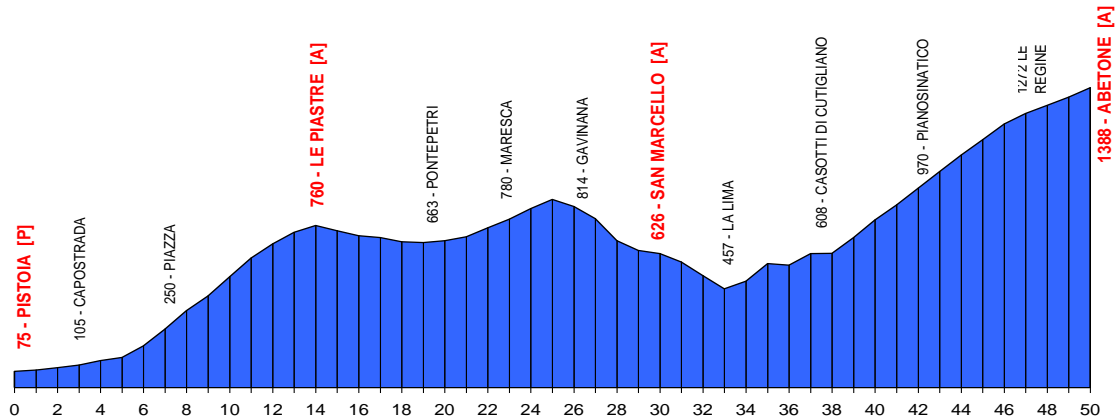
IMAGE RIGHTS

By registering for the event (any finish line), the athlete expressly authorizes the organizers to use, without any compensation in his favor, images (fixed and/or moving) which portray during his participation in the race. The organizers may transfer their rights to institutional and/or commercial partners as well as to companies and/or private to use the images provided herein. Such authorization is provided indefinitely, in compliance with applicable laws, regulations and treaties and without territorial limits all over the world, for the use in publications and films including, by way of example and without limitation, promotional and/or advertising materials and carried out in all types of media, including photos.

LIABILITY AND PRIVACY

Upon registration to the Pistoia-Abetone Ultramarathon the athlete declares to know and accept the present Rules and Regulations. The athlete exempts the organizers from any liability, both civil and criminal, for damages to persons and / or property caused by him or by him derivatives. The athletes must respect the Road Code. According to D.lgs. 196 of 30/6/2003 (code relating to the protection of personal data) the athlete gives his/her consent to the use of his/her personal data for purposes related or instrumental to the organization of the race and to form the historical archive of the race.

ROUTE PROFILE



PISTOIABETONE ULTRAMARATHON 50km REGISTRATION FORM – 46th edition – June 25th 2023

Tel. 389.6452997 / Fax 0573.34761
info@pistoia-abetone.net
www.pistoia-abetone.net

Surname	Name	Date of birth	Sex
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/> M <input type="checkbox"/> F
Address	Town	Postcode	Prov/State
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
E-mail	Telephon	Nationality	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Sport Club		Club code	
<input type="text"/>		<input type="text"/>	

Sport card:	Medical certificate:	Finish line / Race fee	until April 30, 2023	until May 31, 2023	until June 17, 2023
<input type="checkbox"/> FIDAL	<input type="checkbox"/> Competitive	<input type="checkbox"/> Abetone (km 50)	€ 45,00	€ 55,00	€ 65,00
<input type="checkbox"/> RUNCARD / RUNCARD EPS	<input type="checkbox"/> Non-competitive participation (Foreign citizens living abroad only)	<input type="checkbox"/> San Marcello (km 30)	€ 25,00	€ 30,00	€ 35,00
<input type="checkbox"/>					
Sport card nr.		Non-competitive walks:		until June 23, 2023	
<input type="text"/>		<input type="checkbox"/> Free Walking S.Marcello - Abetone (km 20)		€ 15,00	

IUTA card (IUTA "Ultra" ascent running Italian Championship)
 AVIS blood donor (National Championship)

Reservations:
 Bus seat (Abetone → Pistoia 5:00 am)

I declare to know and accept the rules of 46th Pistoia-Abetone Ultramarathon of 25th June 2023 (published on www.pistoia-abetone.net). I declare to be in possession of suitable medical certificate in compliance with D.M. 18/2/82, 28/2/83, 24/4/13. I also declare, under my personal responsibility, for saying the truth (art.2 Law 4/1/68 No. 15 as amended by article 3, paragraph 10 Law 15/5/97 n.127) and raise organizers from any criminal or civil liability for damages to persons and / or property caused by me or by me suffered. According to D.lgs. 196 of 30/6/2003 (Code relating to the protection of personal data) I give my consent to the use of my personal data for purposes related or instrumental to the organization of the race and to form the historical archive of the race.

Attach copy of the sport card and medical certificate and receipt of payment.

Date _____ Signature _____